TOOTH FAIRY TRAINING TIME: Theme Dental Health

Books: *Ta-Da!* By Kathy Ellen Davis, *Alice the Fairy* by David Shannon, *Nice Try, Toothfairy* by Mary W. Olson, *Anna and the Tooth Fairy* by Maureen Wright

Supplies: Fairy wings for YOU, tissue paper sheets, scissors, Masking tape, pillows/blankets (use kids own for naptime), cardboard teeth, big plastic coins, wands

- 1. Start by dressing up as a fairy, however your version of a toothfairy looks like. YOU are the trainer.
- 2. Make wings for all of the kids. Very simple, fold big sheet of tissue paper in half (if you stack about 5 sheets and fold at once, you can cut more at a time) and cut in an oval shape around the corners, careful NOT to cut through the fold, leave that side flat and uncut (see below). When the little fairies are ready, you open these up and tape down the middle of the fold to their backs.
- 3. Split half the class into fairies for training and the other half to be the sleepers. Give the sleepers a tooth and the fairies their coins.
- 4. Give rules first. Fairies must learn to be very, very quiet, never wake a child! They must be gentle, watch out for obstacles, cats, traps, drool, sticky stuff etc.
- 5. To practice, the sleepers will lay down and get their covers ready. They must pretend to put their teeth under the pillows, and sleep. You may play lullabies or night time noises from your **Hoopla App** at this time if you wish.
- 6. Now the fairies go into action. Assign each fairy to a sleeper. They need to tiptoe in and take the tooth and replace with a coin. If they don't do it right, they need to try again.
- 7. Switch roles.
- 8. When everyone has done this enough times (use your own judgement when to end the activity) have a "graduation" ceremony. (maybe this is when they get their wands to decorate and personalize)





ALLIANCE BERNSTEIN

